

Motorcycling South Australia (MSA) is pleased to announce the return of the Elite Rider Program to be run in early 2018. In 2018 our program will be completely stripped down to a full day of intensive training through our Elite Rider Conference. MSA have taken out the most important topics from previous Elite Rider Programs and packaged them together in a full day of training. The reason behind this is to ensure we can target more of our elite and up and coming stars to be apart of this unique program.

In addition to our riders attending the Conference we are asking they bring someone with them this time, as all riders would know you can't perform at your highest level without the support of your family (parents), therefore we would like offer the opportunity for the selected riders to bring one parent/ caregiver along to the conference to help absorb & learn the content from the conference. By having someone else in your support network learning the same content, it will help your ongoing support and focus to this program. (Terms & Conditions will Apply to this, please read below)

The 2018 Elite Rider Conference is set to take place on **Saturday 24 March 2018**, located at **The ARC Campbelltown**, 531 Lower North East Road, Campbelltown. All we ask from the selected riders is to get yourself to this conference and the rest will be provided to you on the day.

MSA are now calling for expressions of interest from South Australian based riders to be involved in this exciting and educational event that encompasses all aspects of becoming a professional rider for the future.

The Elite Rider Conference is aimed at South Australia's finest and most talented young riders to assist them in building towards a professional career on two wheels, three & 4 Wheels. This program includes an all-expenses paid Conference, designed to increase the rider's knowledge in areas of fitness, nutrition, media, Marketing & Mental toughness. With these tools moving forward, its aim is to help towards enhancing the overall performance of these riders within the sport.

The Conference is open to **15 SA riders**, from any disciplines, between the ages of 14– 18 years. The opportunity is a fantastic chance for riders to excel in the sport and take their riding to the next level.

*\*\* Terms for additional person to attend the conference with selected rider: This person must be a direct family member that helps, and is able to support your journey throughout the season. Preferable a parent or caregiver would be suitable for this. This cannot be friend or another rider you would like to bring along.*



What the elite rider Conference provides you:

- MSA intensive Elite Rider Conference (ALL DAY Session)
- Fitness Training (strength, conditioning, pre and post event preparation and recovery)
- Nutrition (what you should be fueling your body pre, during and post events)
- Sports Psychology (Mental preparation)
- Media, Marketing and Sponsorship Training
- Dedicated Facebook page for all elite rider's squad members also a dedicated page on the MSA website (these sites will include graduate's listing, results, press releases, and profiles)
- MSA providing Rider/Team press releases to wider audience

Conference Includes:

- All expenses paid conference
- All Presentation & course material
- Physical training on the day
- Morning & Afternoon tea
- Full lunch provided by our Nutrition presenter

**Selection Criteria for the riders are as follows:**

- Must be an MA/MSA National License rider
- Must be between the ages of 14 and 18 Years
- Have a long-term goal in the sport
- Show history of good results in competition
- Be able to perform at a competent level of fitness training
- Professional Attitude - Demonstrate the right attitude towards the sport, the program, other riders and coaches
- Commitment - Commitment to the sport and to the conference for the whole time you are present
- Must supply a minimum of one referee recommendation (Coach, Sponsor, mentors)

To apply, you will need to complete the application form and submit a personal rider resume which should include details of your past experiences in the sport, information about your current racing achievements and future goals within the sport. Questions on the application forms should be considered in your application. Please include recent photos.

All applications must be sent to the MSA office address – 251 The Parade, Beulah Park, SA, 5067 Applications should be addressed to the Development Officer (Kate Pitt), Or e-mailed to [development@motorcyclingsa.org.au](mailto:development@motorcyclingsa.org.au), by close of business **Monday 5 March 2018.**

For further enquires please contact the MSA office on Monday's or e-mail Kate Pitt via [development@motorcyclingsa.org.au](mailto:development@motorcyclingsa.org.au)



**Applicant Details – please print clearly**

Current Licence No:			Current Expiry Date:	/	/	/
First Name:			Surname:			
Gender:	<input type="checkbox"/> Female	<input type="checkbox"/> Male	Date of Birth:	/	/	AGE: _____
Postal Address: (required)						
Suburb:					Post Code:	
Home Phone:			Business Phone:			
Mobile Number:			Fax Number:			
E-mail:						
Club / Discipline:						

**Emergency Contact Details (next of kin in an emergency) – please print clearly**

Name:			Contact Number:			
Relationship:						

**Additional Attendee (Parent/Caregiver)**

Name:			Contact Number:			
Relationship:			E-mail Address:			

I \_\_\_\_\_ & \_\_\_\_\_ state that I am available to be in attendance for the Elite Rider Conference that Motorcycling South Australia is holding on **24<sup>th</sup> March 2018 8am- 6:30pm** and will cooperate with the MSA guidelines and rules that are set out before the camp commences.

Signature: \_\_\_\_\_ & \_\_\_\_\_

The follow questions should be considered in your application: (up to 2 A4 pages)

- What discipline do you race and why?
- Why do you like the sport of motorcycling and why do you want to continue riding?
- Have you been a part of any development camps previously, if so, which ones?
- What have been your previous 5 best finishes and at what races over the past 12 months?
- List what you believe your strengths are at riding, whether they are on bike or off bike attributes (e.g. Cornering, Endurance, Preparations)
- List what you believe you could improve on off bike (fitness, bike prep, sponsorship, media)
- List future goals that you would like to set for yourself
- If selected for the elite training program, what would be the biggest advantages you would take from it?