

Press Release

For immediate release

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Supported by:



Australian Government
Australian Sports Commission

2010 AIS Elite Rider Training Camp

Motorcycling Australia would like to announce that it will be holding a training camp based at the Australian Institute of Sport in Canberra specifically for athletes in the disciplines of Speedway, Dirt Track and Road Racing.

The camp will cater for up to 15 athletes and is targeted at riders achieving outstanding results at State or National level.

The training camp will run over four days between Monday 20 and Thursday 23 September 2010 and will incorporate fitness testing, physical training sessions and AIS lectures on general sports science (i.e. Nutrition, Sports Psychology, Physiology, Strength and Conditioning etc.)

To apply for a place at the camp, please download and complete the application form at www.ma.org.au/forms.

Applications close COB Friday 16 July 2010 and should be sent to:

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