

Press Release

For immediate release

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Australian Government
Australian Sports Commission

2010 AIS Training Camp – Moto Trials

Motorcycling Australia has announced that it will be holding a training camp based at the Australian Institute of Sport in Canberra specifically for Moto Trials riders.

The camp will be open to both male and female competitors and will be run over four days between Monday 13 and Thursday 16 September 2010.

Catering for up to 15 athletes aged between 16 and 30, the training camp will incorporate fitness testing, physical training sessions and AIS lectures on general sports science (i.e. Nutrition, Sports Psychology, Physiology, Strength and Conditioning etc.)

To apply for a place at the camp, please download and complete the application form available at www.ma.org.au/trials.

Applications close COB Friday 9 July 2010 and should be sent to:

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For further information please contact:

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